# SPH4U: Learning Log Name:

One of the most important educational skills you can develop is how to monitor and track your own learning. Either at the end of class or at home, complete an entry in your learning log every day. It won’t take long, just get in the habit of it.

**Written Work:** Use our marking scheme for daily class work (out of 5) to assess your written work. What mark do you think your work would receive if it was collected today?

**Group Work:** Use a marking scheme out of 5 to assess your contribution to the group’s work and discussions. Remember that valuable contributions come in many forms: sharing ideas, asking questions, organizing the group, and more. If your teacher was observing your group for the full period, what mark do you think you would get?

**Key Ideas / Difficulties:** Record the physics ideas you learned well today. If you had difficulties with any physics ideas make a note so you will remember to get help with them. Also note whether you had any difficulties with the written work or group work, so can try to improve for the next class.

**Homework:** Check off the homework column once you complete the lesson’s homework (also cross out the question numbers in your syllabus). If you have a problem with a question or get stuck, write down the question number.

**Got it:** Record the result of your effort to resolve any difficulties you had with the lesson or homework. For example, you might write: help from friend, saw teacher, figured it out, etc. If you had no difficulties or problems to take care of, check off this column indicating that you feel very confident that you understand the material of that lesson.

As your log fills up, get new pages from the course website or in class. It is your responsibility to keep you log up to date and have it ready for random checks in class, just like any homework.

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| **Date** | **Lesson** | **Written Work** | **Group Work** | **Key Ideas / Difficulties** | **Home-work** | **Got it** |
| Oct. 8 | Motion #7 | 4 | 3 | * Vector components: “part” of a vector in each direction
* Draw component triangle to find components
* No vector arrow for magnitudes
* Don’t understand how to find resultant vector yet
 | #3 | Help from friend |
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| **Date** | **Lesson** | **Written Work** | **Group Work** | **Key Ideas / Difficulties** | **Home-work** | **Follow-up** |
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